

# Rollin'

Newsletter of the Silver Wheels Cycling Club, Inc.

DATE

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## Editor's Column



**By Larry Best**

**So there I was, minding my own business as usual when, all of a sudden** there arose such a clatter, I sprang from my bed to see what was the matter. When what to my wondering eyes should appear but a hideous display of lightening accompanied by lots of wind and lots of rain. OKAY, now that we've got the month of June out of the way let's

hope for better weather in July. In fact it's already well into July and unfortunately I, for one, haven't noticed all that much change.

Well people are riding anyway. There are some photos from GOBA, which I understand had a huge washout the last day, and some from the Independence Day ride which had one of the biggest turnouts I've ever seen in an SWCC

ride. There's some other stuff in here, too that you might be interested in, so stay tuned.

## Depot Days

By Bob Burkhardt

Mother Nature was again kind to our annual Depot Day Ride held this past Saturday. The temperature was cool, the skies were somewhat overcast, so we didn't bake in the sun and we had a tailwind on some parts of the various loops.

There were 74 riders who signed in of which 66 were members to the best of my knowledge. Ten members rode 100 or more miles.

I'd like to thank the following for their help on in making this event possible:

Depot Sitters – Jim Pankow; Rich Kolofer; John Duffy; Steve Hill; and Dick Jacquemotte

Snack & beverage providers – Sue and Rick Wells

Clean up crew – Tom & Eva Weber; Christine & Greg Orłowski; Dick Jacquemotte

A special thanks to Steve Woosley who originated this ride oh so many years ago.

## GOBA

By Larry Best

For those of you who don't know this (all 3 of you) Steve and Sandy Woosley, two iconic members of SWCC, met and fell in love on a GOBA ride 27 years ago. In fact, neither of them have ever missed a GOBA ride...ever. It was close this year though. Sandy looked at the pavement and decided it needed a hug, and in doing so broke her collarbone. Personally I think this had something to do with Steve teaching her how to counter steer. But I digress. This was just before GOBA was due to start. What to do? Sandy went to the doc's and got patched up as good as possible. All was well in GOBA land again. I asked Sandy how she

liked the trike and she just grunted, muh huh. Hopefully she's on the way to a 100% mend.



Now folks, this here is Cindy Conrad. While riding on GOBA she met a gentlemen who, like the late George Washington, was cutting down a cherry tree. She stopped and asked if she could have some and indeed, that's what she's carrying on the back of her bike.



Ron, on the other hand, doesn't like carrying extra weight on his bike. In fact, he heard that GOBA was going to be a hard ride this year so he brought the bike he uses for hills.

The photo below is Visobe Welsh. Visobe is an experienced cyclist. She's ridden thousands of miles on SWCC rides and this photo is of her riding her tenth GOBA. She's in a group photo honoring folks that have ridden 10, 20, and 27 GOBAs. She wanted to get her bike tuned up before the ride and because we're friends I offered to do it for her. Not too sure we're friends anymore though. If you look at the picture she seems to be trying very hard to stay with what seems to be an eleven year old girl. I'll bet it's because I adjusted her rear brakes

tight enough that the wheel could hardly turn. Sorry Visobe. Peace, right?



Here's a motley looking crew of cyclists that have ridden ten GOBAs. IMO, that's quite an accomplishment. On the left in the front row is SWCC's own Sharon-I've ridden a lot of miles-Edwards-Bouchonville, and next to her is Visobe-I'm never talking to you again Larry-Welsh.

## How to Get Your Ride Put on the Club Calendar

What's that? You say you've been trying to get an out-of-town ride in San Diego posted on the club calendar? You've tried and tried but it just isn't happening for you and you're so frustrated your blood pressure broke the machine. Our Ride Committee Chairman is going to tell you exactly how to do it, but first you need to do this. Go outside. Get your computer out of the dumpster. Bring it back inside and wipe it off, then plug it in. Next, read this

**By Bob Burkhardt**

## GETTING INVITATIONAL RIDES POSTED ON THE RIDE CALENDAR

This article is my attempt to clarify the Silver Wheels club procedure for getting non-club invitational rides posted to the club's ride calendar.

Invitational rides would be those offered and promoted by another bicycle club or entity (e.g. Medina Ice Cream Odyssey, Hancock Horizontal Hundred); the ride is generally listed in a ride publication (e.g. Ohio Bicycle Events Calendar); the ride may be a one day event or a multi-day event; the ride generally charges a participation fee.

Invitational rides **must receive Board approval** at a regularly scheduled Board meeting (Board meetings are generally held the first Thursday of each month) and the meeting must be held at least 72 hours in advance of the start of the ride for the Invitational Ride to be posted to the club ride calendar. Thus a ride being held the Saturday or Sunday after a Board meeting would not meet the 72 hours criteria.

For Invitational Rides to be considered for approval by the Board the following criteria must be met:

- A person or persons championing the event or a designee must present the proposal before the Board
- The proposal must show that five or more club members are committed to participate in the ride or event

The intent of this policy is to allow the Board to do the following:

- Discuss the merits of the proposal in an open forum
- Determine that the Invitational will not adversely affect club events already on the calendar (e.g. Dog Day's Wine Tour ride)

- Keep the club calendar from being overwhelmed with outside rides (after all the primary intent of the club calendar is to promote club rides and functions)

The Board over the years has approved certain Invitational Rides to be placed on the calendar yearly. These include the following: the Lorain Wheelman's AFROST, Roast Your Buns, JJJ, and Red Flannel rides; Pedal Erie County Parks; and the Great Ohio Bicycle Adventure (GOBA). Each year the Board has an open planning meeting in January or February at which time other such rides would be considered for inclusion to this list.

We the Board support and encourage members to attend Invitational Rides. However, we also encourage those members who want to see certain Invitational Rides included on the club's calendar to pre-plan and get your idea before the Board as soon as possible. This gives the general membership a better opportunity to plan to be a part of such adventures (getting time off from work if needed; sending in their registration; getting a motel room if needed, etc.).

Club members who wish to plan club multi-day events or club events outside the state of Ohio only need to submit their proposal to the Ride Committee for consideration. Again we encourage you to plan ahead and to submit your proposal well in advance of the event. It takes time to get the committee together or to even consider proposals via email.

**Here are some web sites to keep you amused, confused, and feeling abused. Just copy and paste in the address bar.**

### **Trials Riding**

[https://www.youtube.com/watch?v=Z19zFlPa\\_h-o](https://www.youtube.com/watch?v=Z19zFlPa_h-o)

[https://www.youtube.com/watch?v=xQ\\_IQS3VKjA](https://www.youtube.com/watch?v=xQ_IQS3VKjA)

### **Racing**

<https://www.youtube.com/watch?v=vuAeONqhtX4>

### **Touring:**

<https://www.youtube.com/watch?v=SrLOk8KooCY>

[https://www.youtube.com/watch?v=xImlo\\_ls\\_oZE](https://www.youtube.com/watch?v=xImlo_ls_oZE)

### **Changes in road bikes**

<https://www.youtube.com/watch?v=cHewAtUuEKg>

<https://www.youtube.com/watch?v=E-U02-RWUPc>

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# LAST PAGE

Seeing a woman cycling on the road either alone or with a group used to be an unusual site. Now there are many women cyclists who have taken up the sport. Some of these women train hard and they can ride the wheels off their bikes. Don't believe me? Check this out.

