

Silver Wheels

Rollin'



July 2007

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PEP

Perceptions Emanating from the President

There has been some discussion and disagreement lately about if we as a club should be limiting the upper speed on our rides. When I'm faced with such a conundrum I usually resort to our club's mission statement for some guidance.

Part of the Silver Wheel's mission is to create and provide an environment where the membership can ride for exercise and for fun. One person's exercise may be riding 18+ miles per hour, while another's may be riding 10 miles per hour. Yet, both may be having fun.

There was an interesting article in the May 2007 issue of Adventure Cycling called "Why Ride Fast?" It certainly puts to question some of the purported health benefits of riding fast. The author of the article concludes, "I'd rather lower my stress level by making my rides as enjoyable as possible, not as fast as possible."

To give equal time to those that want to ride fast (hammer), I direct you to an article in the July 2007 Bicycling Magazine called "The Weekly Worlds." In the article are listed 25 killer throw-down rides from throughout the country. These are weekly club rides that are treated more like unofficial races.

With over 170 members, the Silver Wheels Cycling Club encompasses a wide range of riders and abilities. It is my belief that we as a club should embrace all the different levels of riding and to treat each level respectfully and equitably.

Kudos to club members Colleen Linn and Joel Hendrickson who successfully completed the League of American Bicyclists Road I education course taught by our very own Ed Stewart. Additional kudos to club members Ray Koepf and Ed Stewart who were featured artisans on Ely Square in Elyria on Saturday, June 16th. Perhaps with some encouragement they might bring some of their artwork to the next meeting.

Speaking of our next meeting, it will be held on **Thursday, July 19th, 7:00 p.m. at the Carlisle Visitor Center.** The program that evening will be a demonstration on how to clean and detail your bike by Ride Committee Chairman, Larry Best. There will also be refreshments, a 50/50 raffle, and possibly a door prize. Be sure to sit by Bud Ennis, he has won the last two door prizes.

May the wind be always at your back and all roads lead downhill.

Bob Burkhardt

Silver Wheels Mission

To create and provide an environment for members and guests to:

- ♦ Ride for exercise and fun
- ♦ Enjoy the social side of cycling
- ♦ Improve cycling skills
- ♦ Learn more about cycling and educate others
- ♦ Promote cycling in our area

Dog Days Wine Tour An Opportunity for Members

Ed Stewart

As you know, Silver Wheels this year is hosting its first invitational ride. The Dog Days Wine Tour will be held on Saturday, August 11 in part to celebrate the club's tenth season. It will start and end at the NewRussia Township Community Center on Butternut Ridge Road just north of Oberlin. The Tour offers all members an opportunity to bring Silver Wheels into the limelight.

As hosts, we must make sure that all parts of the tour are run well. And there are many parts for us to run. Listed below are many of the jobs we need help with and how you can sign up to help do those jobs. But first here is an overview of the tour so you know more about it.

Dog Days Wine Tour is hopefully a fundraiser. That means we make more money than we spend. That is pretty hard to do in the first year of any program but we're giving it a good shot. We have priced things to make it attractive yet yield a small potential profit. The net proceeds will be used to support the club, the education and advocacy programs.

We have two routes for our guests to ride – 35 and 65 miles in length. They will be given maps and cue sheets and the routes will be marked on the pavement. We start out in the morning around 8 AM and most riders will be done around 1 or 2 PM. Some late starters might come back a little later.

There are three rest stops on the routes: Matus Winery on Gore Orphanage Road, Single Tree Winery on Baumhart Road, and Schoepfle Garden in Birmingham. At each stop we will have members as servers and greeters and information folks. At the start we will have members serving to register riders, sell some merchandise, answer questions, issue door prize tickets, and just stand around with smiles.

On the route we will have a few people driving the route to check on the riders and help them if we can. Simple mechanical assistance and flat tire help will be offered. These drivers will also manage our communications between the home base and the rest stops.

A cookout will be offered as an option to the riders. This will include bratwurst and chicken breasts prepared fresh on a large grill at the pavilion area. Pasta salad, fruits and greens will complete the meal.

Silver Wheels volunteers who work the tour will be given a complimentary ticket to the cookout (\$12 value). Check the August calendar – you will see we all can ride the routes on Saturday, August 4, one week before.

On the day of the event if you want to ride instead of volunteer to help, you must pay the same as any other rider – sorry, no discounts.

Additional Tee Shirts will be for sale.

Lots of Jobs for "Dog Days" Volunteers

Here's that list of jobs for the Tour and who to contact to get on the list. If there is an imbalance of volunteers we may ask for a change of assignment.

Routes: Karen Farago

Route Markers to drive the route a few days before the tour and spray paint the route symbol on pavement to indicate turns – need 3 volunteers

Rest Stops: Joe Etzler

Need 3 volunteers as Servers/Greeters for Matus and 3 for Single Tree Wineries. Need 4-5 volunteers for Schoepfle Garden.

Day or two before the Tour, need 2 volunteers to help pack up boxes for the rest stops

Registration: Darlene Woiland and LaDean Hutter

Week before the tour organize the "goody bags" by stuffing the assortment of donated items.

2 Volunteers to help with New Registration; 2 volunteers to help with Pre-Registered riders

1-2 volunteers to work sales of Tour Tee Shirts and Cookout tickets

Support-Route Drivers: Ed Stewart

2 volunteers to drive the routes and offer assistance to riders. Need van or pick-up – mileage can be reimbursed. Responsible for other communication with rest stops and home base. Experience required.

Cookout: Judy Keys

Need 2 volunteers to help with tables, serving items, set up/clean up. No cooking required.

That's about 25-30 volunteers needed to do this thing right. Please step forward now and call the person in charge as noted above for the area you'd to help. Check the club website for additional information about the Tour.



Upcoming Rides

Holland in 2008

A few Club Members have asked me to plan a bike tour in Holland in June, 2008. In order for those who are going to be involved in the planning, I would like to know who might be interested. The tentative plan is a 14-day Tour, 4 travel days and 10 days of riding. Cost would be approximately \$3,000. This could be less or more depending on our final plan. There seems to be two options for the Holland portion.....one is to have lodging in hotels and the other is to have lodging on a barge which would take us to a different starting location each day. If you are interested contact Frank O'Dell at (440)7481622 or www.fnsodell@oh.rr.com.

July 4th Breakfast Ride

(AKA-The Tour de Pittsfield) Ed and Etta Rowe

Don't stop for breakfast before the ride because it includes breakfast again this year. We have changed the route and shortened it just a bit to 18 miles. More time for breakfast! There are a few rollers on the new route but nothing overly strenuous. Sorry, but there aren't any really big hills in Pittsfield.

There is an 11 mile short route if you really don't like rollers, don't want to go 18 miles, or want to get a head start on all the hungry 18 mile folks.

There is also a mystery stop this year. Now if I said where it was, it wouldn't be a mystery, now would it?

We'll be looking forward to seeing all you hungry folks. We start from Missler's in Oberlin at 7:00AM.

Guitar Mania Ride

Photo-Op Ride with Ed and Etta Rowe

Come ride Cleveland and see the 9-foot tall guitars - decorated by artists, school, corporations, and volunteers. These wonderful works of art will be auctioned on October 20 to support United Way and The Rock Hall Education Program.

See them now and explore downtown on a Sunday morning when we have the streets to ourselves. We'll check out some other super public art and ride about 12 miles - many stops, so this is a slow, easy ride.

Join us at the E55th Street Lakefront Park parking lot pier (just off the Shoreway at E55th.) at 9:30AM Sunday July 22. Bring your Camera!!!

See page 5 for even more exciting rides!

More Upcoming Rides!

Little Miami Trail Xenia, Ohio Bike Trip

JULY 31, AUGUST 1 AND 2 -2007

TUESDAY JULY 31 - RIDE THE OLENTANGY RIVER TRAIL COLUMBUS OHIO 30 MILES

MEET AT WHETSTONE GARDENS 10AM ON HIGH STREET COLUMBUS, OHIO AFTER RIDE DRIVE TO XENIA OHIO and CHECK INTO MOTEL THAT EVENING. DRIVE / RIDE TO YOUNG'S - DAIRY XENIA TO YELLOWSPRINGS ADDITIONAL 20 MILES R.T. (BIKE RIDE OPTIONAL)

WEDNESDAY AUGUST 01 - LEAVE MOTEL 8AM RIDE THE LITTLE MIAMI TRAIL 30 TO 56 MILES CORWIN TO LOVELAND. AFTER RIDE EAT AND /OR ANTIQUE SHOP WAYNESVILLE

THURSDAY AUGUST 02 - LEAVE MOTEL 8 AM CHECK OUT. RIDE XENIA TO DAYTON VIA TRAIL 35 MILES R.T. OR MORE, VISIT DAYTON , MUSEUMS , WATER CANNONS ,LUNCH BY THE RIVER. LEAVE FOR HOME AFTER THE RIDE , REGENCY MOTEL small motel only 19 rooms - cost \$50.00nite plus tax - 600 LITTLE MAIN ST. XENIA OHIO 45385. Phone 937-372-9954 **STATE MEMBER OF SILVER WHEELS BIKE CLUB** ACCEPTS AARP / AAA

MARGE GOELZ 440-322-8842 and BOB GAZER 440-748-1447

Retirement 'Round Day View

Everybody who knows Sharon Bouchonville knows by now that she will retire from her career of 24 years on July 16, 2007.

On Saturday, July 14, we will celebrate Sharon's new found freedom by having a day of fun outdoor activities at Findley State Park. Everyone is invited to join us in any or all of these activities! All activities will start at the Findley Park Beach. Here is the schedule for the day:

- 9:00 am: Breakfast – featuring Round breakfast foods
- 10:00 am: Hike 'Round Findley Lake – approximately 4 miles
- 12 Noon: Bicycle 'Round Rural Wellington Area – about 20 miles at a TWO star pace – average 10-12 mph
- 2:00 pm: Kayak/Canoe Paddle 'Round the Shoreline
- 4:00 pm: Weinie Roast 'Round the Fire

Findley State Park is one of the most beautiful places in Lorain County, and has always been Sharon's favorite place. It is located on State Route 58 about 3 miles south of downtown Wellington. Plan to come spend the day in the park!

Please don't plan on bringing gifts, Sharon only asks for her friends' presence. Please RSVP by contacting Sharon at 440-935-4279 or Sharon.bouchonville@gmail.com



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www.LorainCounty.com/SilverWheels

Silver Wheels Officers and Directors

Bob Burkhardt, President

Ed Stewart, Vice President

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Dan Hornbeek, Director

Pamela Alexander, Director

Tom Cline, Director

John Gallagher, Director

Joe Etzler, Membership Chairman

Larry Best, Ride Committee Chairman

Bike Ed News

Congratulations go out to the latest graduates from the Bike Ed Road 1 class.

Two Silver Wheelers completed the course: **Colleen Linn** and **Joel Hendrickson**; two not-yet-but-soon-to-be members completing the course were Judy Rogers of Carlisle Twp. and Kiki Jacobs of Oberlin.

Our version of Bike Ed Road 1 is a 12-hour course broken into three, 3-hour sessions, spending about half the time on the road in practical experience and the other half in a classroom environment. The course covers an amazing number of topics overall but the true strength is its coverage of how to be prepared for just about any riding situation in traffic, with hazards, and a variety of roads. This class echoed what every other class has had to say: *"I never knew there was so much to learn about bicycling."*

If you are interested in taking the course this summer sometime, contact Ed Stewart at 440-322-7300 or by email ed@stewartadv.com and we'll arrange a good time for a class. A couple members have inquired already – 3 to 5 is a good size class.