

From: Silver Wheels Cycling Club admin@silverwheelscycling.com
Subject: October 2022 Rollin'
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To: Sally Saul sjsaul@mac.com



October 2022



Rollin'

THE NEWSLETTER OF SILVER WHEELS CYCLING CLUB

Your Current Leadership Team

President:	Cheryl Burkhardt
Vice President:	Steve Osmialowski
Treasurer:	Rick Wells
Secretary:	Sandy Lottman
Membership:	Randy Lottman
Website Coordinator:	Mel Cruzado
Club Calendar:	Tom Weber
Sunshine:	Eleanor Stout
Mileage Minder:	Karen Hobbs
Newsletter Editor:	Steve Osmialowski
Ride Committee:	Dennis Stout
Social Committee:	Sherry Bouch
Education/Safety:	Peggy Doheny
Dog Days:	Scott Edmundson
Physical Assets:	Emily Townsend
Social Media:	Mel Cruzado and Cheryl Burkhardt

Directors: Peggy Doheny, Mel Cruzado, Scott Edmundson, Bob Burkhardt
Past President: Sue Wells

See the club roster for specific contact information

From The Editor

Fall sure came upon us with a big chill! Suddenly we transitioned from the 80's to the 60's! Let's hope we get a few more days in the 70's that we seem to have skipped! Early morning rides mean cold weather cycling clothes – are you prepared? Besides our daily rides, there are some big club events coming up this month. October 20-23 is the Great Miami River Tour in Dayton, Ohio. This area is full of top-notch cycling trails and it's just 3 hours away. The annual Halloween ride and potluck will be October 29 so get those costumes ready. As always, consult the club calendar for all the important details of these events.

Steve



Ponderings from the President

By: Cheryl Burkhardt

At the board meeting in September, our membership chair, Randy Lottman, shared statistics about the club. Two of these were that while we have a membership roster of over 300 people, only about 40% are actively riding with the club. This number goes up to around 50% if folks who attend social events but don't ride are included. This has me pondering as to "Why?"

I did a bit of research about why people join groups in general, but the information didn't seem pertinent to cycling clubs. Then I narrowed the hunt down to why people join gyms but never go. That search found that gyms actually count on people joining but never taking part. Really? It seems the average gym can only hold so many people and would be crammed floor to ceiling if everyone who joined came to exercise. Still, this doesn't explain the club numbers since the great outdoors can hold lots and lots of people.

I'm guessing that some of our low participation numbers can be explained by the following:

- **Many folks are still rather reticent about being in groups because of the fluctuating Covid numbers.**
- **We've all experienced the idea of joining a club where fitness is a goal and then losing the motivation. Good intentions, but a lack of follow through. Been there, done that!**
- **Embarrassment at joining and then not coming out, so never coming out.**
- **Fear of the unknown.**
- **The fact that our rides are weather dependent, and we've had some crazy weather this riding season.**
- **Injuries that preclude riding.**
- **Some folks join and then relocate out of the area.**
- **Finally, some of our members don't ride anymore, but still want to support cycling with their dues. Our club does contribute to bicycling advocacy organizations every year.**

Whatever your reasons for not coming out on rides, we encourage you to join us. We really are a friendly bunch. With all levels of riding available, we know that you can fit in at a level comfortable to you. The club rides all year when roads are clear, but the main riding season starts in March. Hope to see you then!

Even if you haven't joined us for rides, I hope you will consider coming to our general membership meetings. Programs have been stellar this year thanks to vice-president, Steve Oz. Our next big social event and ride is our Halloween Ride on October 29th. It will be held at the Oberlin Public Library beginning at 10 AM. It's a potluck (come even if you cannot bring anything) and folks are encouraged to come in costume. There will be a short costume parade on bikes around the square in Oberlin and then we'll meet back at the library to shed costumes (maybe) and join respective levels for a ride. Come even if you don't want to cycle. We'll eat around 12:30ish or so, bring your place setting and appetite. We'd love to have you!!



Notice of SWCC Elections

The Nominating Committee has made the following recommendations for the four board positions up for election this year. The individuals have been contacted and are willing to serve if elected. The two year term begins

contacted and are willing to serve if elected. The two year term begins January 1, 2023, and goes through December 31, 2024. The Board has approved the following slate:

President: Steve Osmialowski

Vice President: Jose Morell

Director: Jerry Gach

Director: Charlotte McGowan

An election will take place at the November 17th club meeting. If you are interested in running for any of these positions, nominations will also be accepted from the floor at that meeting provided that: 1. The nominee is present and accepts the nomination, or 2. In the absence of the nominee, a letter written and signed by the nominee accepting the nomination is presented.

In the event of a contested position, the committee will ask for a list of qualifications from the candidates and publish them. Uncontested positions will be elected by acclamation. If there are contested positions, the committee will send ballots to all members by email or U.S. mail. The committee will act as the board of elections to determine the results. Election results will be published in Rollin'. From the SWCC Policies/Procedures

Respectfully, the Nominating Committee:

Susan Schneider jns1146@hotmail.com 440-503-2034 chair

Kathy Yourkiewicz kyourkie@yahoo.com 440-785-7525

Lila Robinson lilar822@gmail.com 216-536-8216

What is the IHTC?

The Industrial Heartland Trails Coalition (IHTC) is a group working towards making the "Industrial Heartland" a premier destination for cyclists. The trail network will include 1500+ miles of multi-use trails. This network will run through 51 counties in Ohio, Pennsylvania, West Virginia and New York.

The Rails to Trails Conservancy has partnered with the city of Cleveland and other agencies and cycling advocates to conduct a study to understand the potential impact of such a project. The BikaAble study, called Advancing Cleveland's Active Transportation Agenda, reveals how smart investments in trail infrastructure can improve connectivity for city residents and how these investments bring value to all neighborhoods.

You can learn more at railstotrails.org

What happens at club meetings?

Silver Wheels has two types of meetings open to all members. General membership meetings are held on the third Thursday of March, May, July, September and November. These start at 7pm at the Carlisle Nature Center. After a little bit of business, we may have some club safety items followed by a feature program. A guest speaker, or sometimes a club member, will give a cycling themed presentation. We always have a wide range of interesting topics each season. As an added bonus at these meetings, you get to socialize with your fellow members and see how they look without helmets and sunglasses. Yummy snacks are always available too.

On the first Thursday of each month there are club board meetings. This is where the leaders of Silver Wheels conduct business and make decisions. All voting board members should attend each month. However, ALL members are permitted and encouraged to attend. You can see how we manage this large club and learn what it's like to be on the leadership team.



Two Spooky Local Roads By Rob Hipkind

First, have you heard the Legend that says an orphanage burned down on Gore Orphanage Road in the 1800s killing many of the children? Wikipedia debunks the legend for several reasons and says the sounds heard today of

debunks the legend for several reasons and says the sounds heard today of children crying is actually the high-pitched hum of the truck traffic on the turnpike crossing the Vermilion River Bridge. We don't ride this part of Gore Orphanage as it is the short stretch off of Sperry Rd. It is such a good legend that Season 5, Episode 9 of the television show Supernatural takes place in a fictional hotel built on top of the ruins of Gore Orphanage. In addition, IMDB shows a feature film from 2015 called Gore Orphanage. It is available on Prime Video for the low, low cost of \$1.99 (they should pay you to watch this really bad show). Bill Townsend, possibly related to Ron, was the male lead.

The second scary road is the bridge section of Dean Road over the Vermilion River. Headed North, you climb 73 feet in 585 feet of agony, for an average grade of 9% and a max grade of 17%. At the bottom, it has a narrow single lane bridge, poor visibility, and a wooden deck. The other reason to fear the bridge is the legend that it was the site of a hanging. The rope was supposedly left on the bridge until the bridge was remodeled in 2013. The legend states that if you are on the bridge at night and see the rope you will die shortly after. Just another reason to avoid Dean Road Hill.

Editors note: The photo below is from the "Gore Orphanage" ruins which can be visited easily, if you dare!



From the Education and Safety Committee:

This article on Keeping Hands and Feet Warm During Cold Weather Rides was

This article on *Keeping Hands and Feet Warm During Cold Weather Rides* was suggested as we move into the cooler weather.

<https://silverwheelscyclingclub.wildapricot.org/Keeping-Hands-and-Feet-Warm>

It's not hoarding if it's bicycle parts.



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