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Subject: May 2019 Rollin'
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To: Sally Saul sjsaul@mac.com



May 2019



Rollin'

THE NEWSLETTER OF SILVER WHEELS CYCLING CLUB

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Ride Committee:	Dennis Stout
Social Committee:	Karen Hobbs

Education/Safety: Peggy Doheny
Dog Days: Scott Edmundson
Physical Assets: Emily Townsend
Social Media: Rob Hipkind and Cheryl Burkhardt
Directors: Rick Wells, Peggy Doheny, Rob Hipkind, Scott Edmundson

See the club roster for specific contact information

From The Editor

April showers bring.....rained-out rides! Well that's Ohio weather for you. The spring rains have cancelled over 25% of April rides. Hopefully we will get better weather for May. As usual, the club calendar is always full of rides thanks to our many ride leaders. Check it often and join your fellow members on a cycling adventure. April also saw the passing of long-time member, Steve Woosley. Several articles start off this issue celebrating his life and his impact on Silver Wheels.

Also....Don't forget the big events on the horizon such as the Ride of Silence and our annual Depot Days.

Steve

Steve Woosley, a Tribute

By: Cheryl Burkhardt

Steve Woosley, a Silver Wheeler who moved to Ontario, Ohio but wintered in Florida, recently passed away suddenly. His loss leaves a hole in many hearts in our club. Steve was a former runner who turned to bicycling as his knees no longer tolerated the pounding. He didn't just dabble in it, but threw his heart and soul into the sport. Steve rode across the country and did self-contained trips from Ohio to Florida. He ventured out on the very first GOBA (Great Ohio Bicycle Adventure) and met with a wonderful woman named Sandy, a teacher from North Ridgeville. They found a soulmate in each other and were married just before the start of the second GOBA. Their honeymoon was riding together on that ride which started in Oberlin, Ohio. They attended every subsequent GOBA and were a special part of that ride.

To say that Steve was an enthusiastic ride leader for the club is putting it mildly. If there was a ride out there, especially with a point of interest, Steve found a route for the group. He originated our pizza rides beginning at the Pizza Hut on Route 58 south of Oberlin until they got too big and had to move to the CVS parking lot. Steve's philosophy was that he needed to "feed his engine." All of his rides had a food stop at some point. He also had a passion for chocolate milk. In that, he was ahead of his time as scientists have now determined that chocolate milk is a great recovery nutrient

If all of this wasn't legacy enough, he came up with the idea of the Depot Day ride. This would encourage folks to ride more miles by giving them a break every 25 miles back at the Oberlin Depot. We now have around 75 people biking on our Depot Day and have added a fall Depot Day to this year's calendar. Our spring Depot Day on June 1st will be renamed the Steve Woosley Memorial Depot Day Ride. The club will provide pizza during the lunch hour in memory of Steve. Steve absolutely loved being a part of Silver Wheels. He felt the best years of his life were spent planning and leading rides for the club. He was proud to be a part of such a great organization. He will be greatly missed.

Steve, hope the wind is always at your back as you pedal the paths of Heaven.



Steve in front of his garage at the start of his 75 mile ride for his birthday.

As Sandy stated in a Facebook post, "Steve took his identity more from

what he did than in who he was." A former runner, whose knees no longer allowed him this pleasure, Steve became a cyclist. It should come as no surprise to those who knew Steve that he was actively involved in the early Silver Wheels "pizza" rides because for Steve riding always involved eating! He became a map "meister" and planned many enjoyable riding routes including the concept of Depot Days. Depot Days being renamed "The Steve Woosley Depot Days Memorial Ride" is indicative of the impact Steve had on others.

Steve met Sandy on the first GOBA in 1989 and wrote a poem for that occasion entitled Cycling Serendipity:

misty morning

wheels turning

hearts meeting, twining

summer bliss never ending

They married shortly before riding the second GOBA and considered that their honeymoon. Since then they rode every GOBA together. A few years ago Sandy even rented a recumbent in order to keep their streak going when she had broken a collarbone shortly before GOBA began.

Steve rode some epic cycling trips. He went coast to coast on the southern tier. Even though he often complained about this very difficult trip, it was obvious to those who knew him well that he was proud of the accomplishment. Twice he rode from northern Ohio to Florida. One of these rides was on his own and one with Sandy. Steve and Sandy rode over 4000 miles in 2018 and did even more yearly miles in previous years.

Steve and Sandy were snowbirds for many years and wintered near Frostproof, Florida. Steve died on April 4, 2019 after having suffered a stroke on March 31 while reading under a shade tree by a Florida lake.

Dan & Evelyn Roob





The Shawshank Ride with club members. Steve and Sandy are on opposite sides of the sign.

ODE TO A FELLOW CYCLIST

It began as a three mile path in Oberlin and was extended almost into Elyria as it ended at the "Bridge to Nowhere." Folks parked at the end of the road and pedaled all the way to Oberlin. After a few trips back and forth, been there, done that. There must be more to cycling in the area.

It was then someone told me there was a bike club in Elyria named "Silver Wheels." Sounded like something for a bunch of grayed hair, has been, old farts, but why not. Found out there was group ride on the following Saturday departing from the Rocky River marina and riding down the Metro Parkway.. great!!!

Well, the ride was led by a burly, rough on the edges guy named, Steve Woosley. Oh, boy did those 'old farts' fly down the road in a listed 3 star ride, ya, sure... Left this mid-life rider bringing up the rear with his tongue dragging the pavement even though done numerous century rides in that state up north, and finished the Shoreline ride at the Big Mac on three occasions.

After the ride, Steve encouraged me to ride in the group on Sunday mornings, and I had to informed him I worked every Sundays, but maybe other days during the week. His reply, "well, when you stop being an atheist and stop working every Sunday, you can enjoy a ride or two." And from that moment and then on, I enjoyed many a rides led by this guy, Steve, and his band of brothers Joe E., Tom C., Bud E., Bob R, Bob B. etc...

Not only were there local rides, even rides to Medina, Norwalk, Fitchville, Lodi, Wellington, and places that either had a place to eat, or an ice cream shop. There were long distance adventures, too...

1) there was the failed / flooded out Pittsburgh to DC trip, that turned into a last minute journey to Wisconsin and the Elroy-Sparta trail - all the way to LaCrosse, WI and beyond.

2) there was the accident that took him out from another attempt at the GAP/C&O trail, but a group faithfully left Weirton, WV to finished in DC, and

3) there was Pittsburgh to DC when he and his dear wife, Sandy, set out

5) there was Pittsburgh to DC when he and his dear wife, Sandy, set out from Elyria, OH to their winter home in Babson Park, FL.

So, when the club gathers together for Depot Days it was a century ride conceived by a ride leader who put together four area loops and in honor of the remodeled train station in Oberlin... a familiar start location of many of the rides led by a long time ride leader, Steve Woosley.

Now, that 3 star - Steve has crossed the finish line of this life... next time you have a slice of pizza, a giant ice cream cone, sit in a booth at 1946 Berry's gaining energy for the ride back, or embark on a long cycling adventure, remember... one rides to eat, and eats to ride.

Hank Baum aka 'iron butt'
member 2003-2012



Wanted to remind everyone that we will again have a Ride of Silence on the same evening that it is held across the US and internationally, Wednesday May 15. The Ride is traditionally done in silence and single file. The purpose of the Ride is to draw attention to the fact that vehicles and bikes are sharing the same roads. The Ride of Silence will begin with a brief ceremony at the Oberlin Depot recognizing bicyclists who have lost their lives on the road as well as to recognize past Silver Wheels members. Our route will take us on a six mile loop around Oberlin, beginning and ending at the Oberlin Depot, escorted by the Oberlin Police. Pati Habenicht, on bagpipes, serenades riders with Amazing Grace at the start. Silver Wheels will provide black armbands for the occasion. It's a moving ceremony for a great cause. Please join us May 15 at 5:00 PM from the Oberlin Depot.

The ride will be done in time for the regular Wednesday evening club rides.

Please let me know if you have any questions.

Regards,

Bob Esper 440 453 3863

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Dog Days News



Dear Silver Wheelers,

It's that time again! Dog Days is coming at us at a fast and furious pace. It will be held July 13th at the New Russia Township Hall on Butternut Ridge Rd. This is a new location for the event. As this is our only fundraiser, it is important for us to really make this event a success. We use the funds to run our club and to donate to worthy cycling causes. With over a hundred riders from numerous states already registered, we expect close to 500 for the ride. This requires all hands on deck to help put on a successful event. We need helpers before that weekend to paint the routes at intersections. We need volunteers on Friday, July 12th to help prepare food for the dinner and organize the room for registration. And....we especially need folks to roll up their sleeves and come out on the 13th to do a variety of tasks from parking cars, to cooking, to serving food, to manning rest stops, to cleaning up, to the communications team, and to greeting the riders.

Please do not respond to this email, but reply to cburkhardt@roadrunner.com if you can help. Silver Wheels needs you!!



From your Ride Committee:

Mark June 1st on your calendar for the club's popular Depot Day Ride

starting from the Depot in Oberlin. It is a map ride, a.k.a., YOYO (You are on Your Own), which means there are no official ride leaders but people often buddy up with friends of like ability through the newsgroup to ride for the day. The club has eight routes mapped to the 4 points of the compass with their reciprocals which will be posted on the Events Calendar on the Silver Wheels' website. They will also be attached and sent out as an email via club's newsgroup.

The club's website also has a drop down with maps that can be used, and the entire length of the North Coast Inland Trail which now goes to Wakeman can be ridden and turned in for mileage. It is suggested that riders come prepared with their chosen routes and maps or cue sheets since the club will provide only a limited number of these given that there are so many choices.

Mileage reporting is on the honor system so don't forget to record your miles to be sure of getting credit and to notify the coordinator that you have finished riding for the day and have returned safely. Beverages and snacks will be available throughout the day.

Pat Serio is the event coordinator and she will be looking for members to serve shifts as a depot sitters whose duties are mainly to answer questions and assist riders. On a more somber note, this year's Depot Day will also serve as memorial for Steve Woosley, the long time member who recently passed away at his home in Florida.

This is a great event to ride some miles, maybe farther than you have ridden before or to even ride that first century. We hope to see you there. Check the club's Events Calendar for more details.



Strange facts

In the early 1900's, 6 day-long bicycle races were popular. It was to see who could ride the farthest in those 6 days. Riders would get very sleepy on the track and even hallucinate. These racers would put water-soaked cabbage leaves under their "hairnet" helmet to keep cool.

During World War 2, the Japanese invaded parts of Malaysia while riding bicycles.

In the late 1800's, a pre-ride energy drink was a beaten egg in a glass with rum and milk.

In the Netherlands there are more bikes than people. Cities are

In the Netherlands, there are more bikes than people. Cities are designed to accommodate bikes more than cars.

In the 1930's, some Tour de France riders put raw steak in their shorts as padding.

Air-filled tires were used on bicycles before cars.

eMail eTiquette

Reminder – If you post a message to the newsgroup, make sure you add your name and email address at the end of the text. If you don't, readers will have to guess who wrote the message.

If you want to reply to a newsgroup message, do not hit "reply" or the whole club will see your response. Send a separate reply directly to the sender of the message.

Things that tell you the truth: small children, drunk people, and spandex bike shorts.



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