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Subject: June 2018 Rollin'
Date: June 11, 2018 at 8:04 PM
To: Sally Saul sjsaul@mac.com



June 2018



Rollin'

THE NEWSLETTER OF SILVER WHEELS CYCLING CLUB

Your Current Leadership Team

President:	Bob Burkhardt
Vice President:	Sue Wells
Treasurer:	Betsy Nestor
Secretary:	Deb Wailes
Membership:	Randy Lottman
Website Coordinator:	Tom Weber
Merchandise:	José Morell
Sunshine:	Dennis Stout
Mileage Minder:	Bob Piccirilli
Newsletter Editor:	Steve Osmialowski
Ride Committee:	LaDean Hutter and Greg Orlovski
Social Committee:	Sue Wells and Karen Hobbs

Education/Safety: Rob Hipskind and Peggy Doheny

Dog Days: Scott Edmundson

Physical Assets: Emily Townsend

Social Media: Rob Hipskind and Cheryl Burkhardt

Directors: Cheryl Burkhardt, Rick Wells, Peggy Doheny, Rob Hipskind

See the club roster for specific contact information

From The Editor

Our latest big event, Depot Days, was a success with about 60 riders participating. Eleven of them started early and completed a century! The weather was quite good for long distance cycling with temps in the mid 60's and partly sunny. The swap meet turned out quite well too with a room full of merchandise. It looked like the Depot Bike Shop! A big THANK YOU you goes out to all who organized the event and spent part of their day to make it happen.

WELCOME to our newest members:

Rick & Sherry Bouch

Paul Glatzhofer

Ken Knabe

Ellen Newton

Dale Reynolds

Tim & Tracy Simon

Sandra Torres

As of the end of May, the club has 321 members!

Steve





A sampling of for-sale items at Depot Days



Everyone ready for another 25 miles?



Poker Ride has been rescheduled for

Saturday June 30

Wednesday, June 29

In Poker when you get a really bad hand dealt to you, you sometimes have to just discard all 5 cards and try for a better hand. That is what the Education and Safety Committee did on the Poker Run. We had a bad forecast so we threw the day away and drew another date. Our new date is June 30th. The event will still be at the Wakeman Elevator and the rides will start at 10:00. This slight delay gives us even more time to gather additional great prizes!

We will have routes for 1, 2, 3 and 4 star groups, ranging from 17 to 29 miles. At each card stop you will quickly learn or do something for your bike to earn a card. For example, the first card is pumping up your tires to correct pressure. You will get your first card at the Elevator when you start the ride and your fifth card when you finish at the Elevator, and your other three cards at card stops during the routes to complete your hand.

# Card	Location	Description	Mileage 1*	Mileage 2*	Mileage 3*	Mileage 4*
1	Wakeman Elevator	Tire Check	0	0	0	0
2	Burnham Orchards	Surprise Check	6.5	6.5	6.5	6.5
3	Trailhead	Chain Check	12	16	16	16
4	Bridge	Brakes Check	16.5	22	25	28.5
5	Wakeman Elevator	Clean and Lube Chain	17	22.5	26	29

★ *1, 2, 3, and 4 Star rides start at 10:00, but your first Check Stop should be completed before the ride starts. Pump your tires up!*

★ *After you complete the task at each Stop, the volunteer will draw a card for you and put your initials on the face of the card. You will carry your own poker hand so have a jersey pocket ready.*

★ *If you get the exact same card (suit AND rank) you received at a previous Stop, you will be given a replacement card. You can however keep any duplicate Jokers!*

★ *After you have your fifth card, give your hand to the Master of Ceremonies for official review. You will be given a chance to "Buy A Card" to replace one card in your original hand for a \$5.00 donation to Silver Wheels. Only one "Buy A Card" can be purchased per rider.*

★ *PRIZE #1 - The highest ranking poker hand using the ranking chart wins the **grand prize**. If there is a Tie, each rider will cut for high card to determine the winner.*

- ★ **PRIZE #2** - The second place poker hand will receive a consolation **prize**.
- ★ **PRIZE #3** - A random drawing winner from all submitted hands will receive a **prize**.
- ★ **PRIZE #4** - The lowest ranking hand will receive a rousing round of applause!
- ★ **Stay for Lunch at the Wakeman Elevator!**

For those of you who like a printable Club Directory, the most current membership list is now available on our website.

Directions for accessing / finding the Directory:

1. Go to our web-site and LOG-ON
2. With your mouse click on the MEMBERSHIP tab.
3. A printable PDF of our Directory is listed out.
4. Double click the file to open it up.



In an effort to further refine the Clubs waivers, the Board of Directors had the following entry applied to the online paper application, renewing member's electronic waiver, new membership online waiver, and rider sign-in form.

4. ACKNOWLEDGE AND UNDERSTAND that any non-cycling activities scheduled coincidental to these events are organized by individuals and not by Silver Wheels. These non-cycling events are not official Silver Wheels activities and Silver Wheels insurance does not apply. I understand that participation is at my own risk.



Cleaning up broken glass on the hike trail and riding

**cleaning up broken glass on the bike trail and riding
by unbroken mirrored glass windows**

Bike security By Steve Oz

We all know about safety precautions while biking, but what about when parked for an extended time such as eating in a restaurant or sightseeing? This is especially important if your bike is outside of your view for a long time. Whenever you park your bike and intend to leave, it should be locked to prevent theft. Don't think that a well-lit area, or one with cameras is totally safe. It only takes seconds to hop on and ride away with your prized ride! Any secluded area is even more risky since a thief can work on it without being seen.

Locking a bike to a stationary object is your best defense. Buy a quality lock and keep it on your bike. Feed the cable or chain through the frame, or the front wheel and frame. Remember most bikes have quick disconnects so don't just lock the wheel - you don't want to return to find your front wheel only! Another option is to remove the front wheel and lock it with the frame and rear wheel together. If your cable is long enough, you can feed it through both wheels and the frame.

For even more security, use two locks. The heavy steel U-shaped locks are the strongest option. Remember to make stealing your bike difficult and time consuming. A thief wants a fast grab and go.

What about your helmet? If it's a pricey helmet, you may want to lock that up too or take it with you. Also, consider removing any valuables and take them with you such as your computer, frame pump or lights. Keep a small fanny pack with you to put all these things into while you are away. Someone might not be able to take your locked bike but can easily grab a quick-disconnect accessory.

There are many new high-tech options out there too such as locks with motion-detecting alarms and smart locks with Bluetooth alerts. Read the reviews first as some may sound amazing but are no better than a basic chain and padlock.

Finally, make sure you have your bike serial number, make and model recorded in case your bike is taken. This can help in recovery and insurance claims.





What is SAG? That term is used quite a lot in the cycling world!

- A Under-inflated bike tires**
- B Stopping And Going**
- C The side effect of Lycra on not-so-perfect bodies**
- D None of the above**

The answer is D although you may witness C during the summer months!

SAG is a term for support during a biking event, whether a race or long distance tour. It is known as an acronym for "Support And Gear". The term really comes from a 1930's British expression about riders "sagging" off the back of a group. It was later adopted to mean a chase vehicle to deal with riders who sagged when exhausted and dropped out of a race. A SAG wagon will follow or monitor a cycling event to assist stranded cyclists. This may involve mechanical support, first aid or a ride back for serious issues. A SAG station is a fixed location providing the same rider support which may also include a food stop. During our Dog Days Wine Tour, we will use SAG drivers and trail riders along with our food/rest stops.

The Dog Days Committee is still gathering up volunteers for the big event. Please help your club by working the event (July 14) in some capacity. Contact Cheryl Burkhardt or Scott Edmundson and sign up. This is our big fundraiser which pays for much of the club's functions including food at our various club events.



Crossing the Bruce L. Chapin Bridge in Wakeman



Coming soon! Our annual July 4 breakfast ride.

Check the calendar for details

And... if you missed the last club meeting, there was a great presentation from Dennis Stout about the Antietam club trip from last year. If you would like to see the video from that trip, it is posted on YouTube. Just search "*Silver Wheels Antietam*" and you will find it.

We ride bikes because walking them looks silly



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