

**From:** Silver Wheels Cycling Club SilverWheelsCyclingClub@wildapricot.org  
**Subject:** December 2018 Rollin'  
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**To:** Sally Saul sjsaul@mac.com



**December 2018**



***Rollin'***

**THE NEWSLETTER OF SILVER WHEELS CYCLING CLUB**

**Your Current Leadership Team**

<b>President:</b>	<b>Bob Burkhardt</b>
<b>Vice President:</b>	<b>Sue Wells</b>
<b>Treasurer:</b>	<b>Betsy Nestor</b>
<b>Secretary:</b>	<b>Emily Townsend</b>
<b>Membership:</b>	<b>Randy Lottman</b>
<b>Website Coordinator:</b>	<b>Tom Weber</b>
<b>Merchandise:</b>	<b>José Morell</b>
<b>Sunshine:</b>	<b>Dennis Stout</b>
<b>Mileage Minder:</b>	<b>Bob Piccirilli</b>
<b>Newsletter Editor:</b>	<b>Steve Osmialowski</b>
<b>Ride Committee:</b>	<b>LaDean Hutter and Greg Orlovski</b>
<b>Social Committee:</b>	<b>Sue Wells and Karen Hobbs</b>

**Education/Safety:** Peggy Doheny

**Dog Days:** Scott Edmundson

**Physical Assets:** Emily Townsend

**Social Media:** Rob Hipkind and Cheryl Burkhardt

**Directors:** Cheryl Burkhardt, Rick Wells, Peggy Doheny, Rob Hipkind

*See the club roster for specific contact information*

## From The Editor

**The Silver Wheels 2018 ride season officially ended on November 17 with our popular Chili Wiener event. The next day, we started the 2019 season and the first club ride was the following cold "Black Friday". Did you meet your riding goals for the year? Our active riding members will be recognized at the annual Awards Banquet on January 19. A special award goes to any member who completed their first ever century ride during a club event. If you accomplished a 100 mile ride, for the first time, please inform Pat Serio ASAP. And, make your banquet reservations soon as the hard deadline will be December 31.**

**This is the time of year when our riders really take advantage of a good weather day. Case in point, Sunday Dec 2 was forecast to be 60 degrees and dry. So, five different rides were held that day and 32 members were able to enjoy a club ride.**

*Steve*



**Chili Saturday ride and even colder Friday ride**

## **Board Election Results**

**Eva Weber, Nominating Committee Chair, Joe Etzler, and Sue Schneider**

**Congratulations to our four newly elected or re-elected board members. These officers and directors were elected by members attending the November 15 membership meeting in an uncontested election:**

**President: Sue Wells**

**Vice President: Cheryl Burkhardt**

**Director: Rob Hipkind**

**Director: Scott Edmundson**

**These two-year terms start January 1<sup>st</sup>. Please support them and the other board members by offering to help with the work that they do and all club functions. Your suggestions and frequent attendance at club meetings and activities will insure that we will continue to have a great cycling club!**

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## **Why Do Dogs Attack Us Lovely Cyclists?**

**By Sam Johnson**

**To get an idea as to why some dogs can't resist the urge to chase a bicycle we have to look way back into the past. Dogs are descendants of predators who would have chased down prey and that instinct has remained in the lineage right into the dogs we see today. The level of that instinct will probably vary from breed to breed but to some extent, it's there in nearly all of them. It's why dogs react to things going by them fast such as cars, motorbikes and you guessed it, cyclists. It's part of their predatory aggression.**

**This doesn't necessarily mean however that they're out for the kill, a lot of the time it's just a game for them. You're moving past and Fido just feels likes to get some exercise by chasing and doesn't really have any bad intent at all but, let's face it, you're not going to know until he either bites you or licks you to death.**

**Another reason for dogs being so crazy about you and your bike is also linked to that predatory instinct. Some dogs are bred to be aggressive as a means of normally protecting either property or livelihood. In most cases it probably doesn't matter who you are or what you're riding, if the dog doesn't know you or recognize you then you're be perceived as a threat and treated as such. A lot of the time, these guard dogs are taught to be protective in a way that's done well and with respect to the dog's welfare but at times it's down to mistreatment and abuse from a young age.**

**Another reason is the fact dogs can be highly territorial. This is evident a lot of the time in street dogs which will sometimes operate in small groups and stick together on the sameness patch of 'turf'. I've cycled through cities and been chased by dogs who will immediately give up as soon as I'm just yards out of what they perceive as their territory and then just sit there watching me.**



## **Silver Wheels Awards Banquet 2019**

**When: Saturday, January 19, 2019 4:00 PM, EST**

**Where: 3442 Stoney Ridge Rd., Avon, Ohio 44011**

**The cost is just \$15.00 per person, payable in advance only.**

**4:00 - 5:00 Social time & slideshow presentation.**

**5:00 - 6:00 Awards**

**6:00 Dinner is served with more**

**Awards & Year Recap following the meal**

## Regular Buffet Menu:

- Polynesian Pulled Pork
- Baked Mahi Mahi
- Sweet Potatoes w/Pineapple and Mandarin Oranges
- California Blend Vegetables with Butter
- Tossed Salad
- Dinner Rolls & Butter

## Vegan Menu:

- Teriyaki Vegetable Stir Fry with Tofu, White Rice,
- Mixed Steamed Vegetables with Teriyaki Glaze
- No substitutions

## Desserts & Refreshments:

- Cake
- Sodas, Water, Coffee and Tea
- You are welcome to bring your own wine or beer

## TO REGISTER:

**Please go to the event page on the Silver Wheels event calendar to reserve your spot. There will be a link to sign up using PayPal. You do not need a PayPal account to be able to enter your credit card information. You will choose your menu option when you register.**

## Bike Trail Update - By Steve Oz

**For those who like to ride paved bike trails, there are some new additions now open in our area.**





**In early November, the 1.3 mile section of the North Coast Inland Trail, west of Kipton, between Baird Rd. and County Line Rd. was finally paved. This connector was just gravel for a few years but now it is smooth asphalt. Cyclists can now enjoy the continuous trail from Elyria to Wakeman for nearly 19 miles. It has and will continue to be heavily used by Silver Wheels riders.**



**In Oberlin, a new pavilion is going up at the trailhead behind McDonald's. This will provide covered picnic tables, bike racks, 2 restrooms, water bottle filling station and a vending machine. Since many of our rides start at this location, we will certainly be enjoying this new addition.**



**On the Elyria end, the trail does continue through some side streets into Elyria. This gets you close to Cascade Park which has opened up some trails recently. This historic park has undergone a huge transformation after the Lorain Metroparks entered into an agreement with Elyria to upgrade and manage the park. There are dedicated all-purpose paved trails in the park with much more to be opened next year. Note that there is a big hill to get down into the park but it is much less steep than it used to be.**





**The Cleveland Metroparks has recently opened the Parkway Connector Trail which bridges 6 miles between Ridge Rd (East of Mill Stream Run Reservation) and Brecksville Rd. Cyclists can then continue through Brecksville Reservation and right onto the Towpath Trail. Note that this section is a pleasant ride passing by some beautiful homes, but it is not flat. If you like a challenging, rolling terrain, give it a try. The multi-purpose paved trail now runs for 32 miles, alongside the Valley Parkway, from Rocky River Reservation to Brecksville Reservation.**

### **The Pie Poet**

Many of you saw that the talking Pie Poet published a poem on the SW Facebook Page describing how you can get through the big three Holiday eating seasons: Thanksgiving, Christmas, and the Award Banquet. If you missed the online video, here is the Pie Poet's poem.

### **Why We Ride**

For this Silver Wheels' holiday season,  
I will be your dietary voice of reason.

So if you plan to drink wine,  
While the bird sits in the brine,

And you think you may over eat,  
An abundance of turkey meat,

You want a second helping of dressing,  
Without any calorie waistline obsessing,

Reach for that extra casserole side,  
Put lots of gravy on your potatoes and whipped cream on your pie,  
After dinner simply belch and take a heavy sigh,  
Because you already checked the Silver Wheels' calendar and **picked out your ride!!!**



## **Spain - Under the Andalusian Sky**

**As you may have heard, a 2019 touring ride through southern Spain was approved by the Board. The VRT trip will include the cities of Palma del**

approved by the Board. The 7-8 day trip will include the cities of Palma del Rio, Cordoba, Zuheros, and Granada. An optional pre-trip to Seville and/or a post-trip to Barcelona are also available. We will ride along the Ruta del Vino Wine Road past the olive groves, stay overnight in a monastery that once hosted Columbus, drink orange juice from 500 year old trees, and tour the famous Alhambra Palace.

As of December 4th, 12 of our 16 reserved spaces have been filled and the 4 remaining spots will be released to the general public on December 15th. Please consult the Ride Calendar Event page for additional details and the brochure link. If you have any Questions, contact Dennis Stout, Eleanor Stout or Rob Hipskind.



**Psyclepath:**

***A person suffering from a chronic and extreme love of cycling. An unstable individual unable to adjust to society without repeated and lengthy excursions on a bike.***





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