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August 2021



Rollin'

THE NEWSLETTER OF SILVER WHEELS CYCLING CLUB

Your Current Leadership Team

President:	Cheryl Burkhardt
Vice President:	Steve Osmialowski
Treasurer:	Rick Wells
Secretary:	Sandy Lottman
Membership:	Randy Lottman
Website Coordinator:	Tom Weber
Merchandise:	José Morell
Sunshine:	Eleanor Stout
Mileage Minder:	Karen Hobbs
Newsletter Editor:	Steve Osmialowski
Ride Committee:	Dennis Stout
Social Committee:	Sherry Bouch
Education/Safety:	Peggy Doheny
Dog Days:	Scott Edmundson
Physical Assets:	Emily Townsend
Social Media:	Mel Cruzado and Cheryl Burkhardt

Directors: Peggy Doheny, Mel Cruzado, Scott Edmundson, Bill Mansfield

See the club roster for specific contact information

From The Editor

August is a great month for riding and the club calendar is filling up with many opportunities. Whether you are a beginner 1 star rider or a 4 star fast rider, there is something for your 2 wheels. The big event for the month is our Depot Day Redux. If you were not ready for a big ride back in June, here is your second chance. Ride any amount up to 100 miles or more! Four 25 mile routes will be available as well as unlimited trail riding. Maybe it's time to go for a personal best? See the event description in this issue.

Don't see the type of rides you want? Help your club by becoming a ride leader. Anyone can lead rides and to make it easy we have plenty of resources to get you started. The club website has ride leader guidelines (sign in to see them), annual training is held each spring and any experienced leader can help guide you through the process. We all love to ride and more members leading rides benefits everyone.

Steve

Ponderings From The President

By Cheryl Burkhardt

Greetings to everyone! I hope that you have been getting in some miles between raindrops, intense heat and humidity, cool but very windy days, and everything else that Ohio weather throws at us. First off, I would like to take a moment to thank our outgoing Mileage Minder, Wesley Simmons. He revised the mileage process with his awesome tech abilities to automate many of the functions. Our mileage chart is easier to read, and mileage is entered at record speed because of his changes. Thank you so much, Wesley. We wish you well in future endeavors. Our new Mileage Minder is Karen Hobbs. She is currently being trained and will assume duties on August 1st, likely before you are reading this newsletter. Thank you, Karen for stepping up to the position. Hopefully we can fill her previous Social Committee Chair in record time.

Speaking of filling positions, those of you who ride as well as those of you who read the events calendar for pleasure will note that the same ride leaders are leading, and leading, and leading. The message here is that we could use more volunteers to step up and lead rides. We especially need 1* and 2* leaders but could use more in every group. Do you have what it takes to be a ride leader? Many most likely do. Here are the basic responsibilities of ride

leaders:

- **Familiarize yourself with ride leader guidelines on the website.**
- **Choose a route from the route library on Ride With GPS or plan a route of your own.**
- **Send Tom Weber the information to place on our events calendar at least 48 hours (preferably longer) in advance. Use current postings as an example.**
- **Print off a sign in sheet from the website and arrive early to sign in riders. Make sure that spelling of names is accurate and that you can read the name if a rider signs him or herself in for the ride. (Keep these sign in sheets for 2 years)**
- **Designate a sweep who knows the route. If you do not have cue sheets which can be printed from the RWGPS page or have given Tom a link to the route to post on the calendar (we have folks in the club who can help you with this), make sure that riders stay within view. Don't leave ANYONE behind.**
- **Divide large groups into platoons of around 6 riders and designate a leader for each group.**
- **Tell your group what expectations you have for the ride. For example, on my rides I feel that for safety and courteousness, riders should form a single file line on roads when there is a car back. It enables the driver to see around the group to pass more safely.**
- **Use signals and voice to communicate during the ride.**
- **Ensure that all riders make it in safely.**
- **Email the ride info using the correct format to the mileage minder. (This is very important, so check with Dennis Stout, our Ride Committee Chair, or a current ride leader.)**

Our ride committee offers ride leader training in the spring of each year, but because of Covid, we did not do it this year. You do not have to attend this training to be a leader though.

There are distinct advantages to being a ride leader. They are as follows:

- **You choose the route, so if you like flat roads or the trail, you get the pick. Likewise, for those that like to attack hills.**
- **You choose the pace. Great for hot days when you might want to ride in the lower end of the star spectrum than you have posted.**
- **You can alter the route. Let's say you come to a newly chip and sealed road and just don't feel like scraping gravel off the tires, change the route.**
- **You generally ride in front, so you are not staring at someone's lycra covered behind.**
- **You can determine rest stops and potty stops – but certainly take your group into consideration.**
- **You get a great meal at the annual ride leader picnic! (Which is, by the way, open to ALL club members.)**

Best of all, you can welcome new riders to your group and make them feel a part of the club. We all need that feeling of belonging, it is a basic human need. Ride leaders can set the tone for this in their group.

Until next month, happy riding!





Here are a few images from the swap meet held just before the July membership meeting.

The room was full of used and new bike gear at bargain prices. Thanks goes out to our swap committee; Eva, Karen, Dennis and Steve. Also Thank You to the nearly 20 members who sold items that evening.



Depot Day Redux 4 x 25 miles

These rides are similar to the June Depot Day, but later in the year to give those that have progressed over the season a chance to achieve personal goals in the same rider friendly setting.

Four 25 mile loop options are offered. (both clockwise and counter clockwise). Do as many loops as you want, quit when you have had enough. Trail riding will also be accepted. All routes start and end at the Wakeman Elevator.

This is a Map/YOYO (You're On Your Own) ride. There are no designated ride leaders. The routes are not marked and there is no SAG support. A limited number of Route maps will be available at registration. It is strongly recommended that you print your own using the RWGPS Event link below. Riders are encouraged to ride with a partner and carry a cell phone.

Participants should sign in at the Elevator prior to riding. Riders should also check back in when they are finished riding and to record their mileage for the day and indicate they are no longer on the road.

If any folks indicate a "request for riding companions" on the newsgroup, their announcements indicating intended star level, distance and start time will be posted here.

Until the Elevator opens bathroom facilities are available at a nearby Subway/gas station, porta-potty at Community Park or Kipton Park. The Elevator asks that you park behind the storage facilities, next door, lot on Railroad Street or at the municipal parking lot nearby. Please do not park in the front lot, we want to leave that to their customers.

We ask you to consider stopping at the Elevator after or between your ride for a beverage and perhaps something to eat to show our appreciation for allowing us to use their facility. More information will follow as we approach the date.



2.4

The percentage of stolen bikes recovered for their owners.

940+

That's how many cycling routes we have in the Ride With GPS system. There is something for everyone! This mapping program is available as a benefit to all current members. Instructions on using this can be found on the club website.

100,000,000

That's how many bikes are manufactured in a typical year worldwide.

SAG support is not an undergarment