

From: Silver Wheels Cycling Club SilverWheelsCyclingClub@wildapricot.org
Subject: August 2019 Rollin'
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To: Sally Saul sjsaul@mac.com



August 2019



Rollin'

THE NEWSLETTER OF SILVER WHEELS CYCLING CLUB

Your Current Leadership Team

President:	Sue Wells
Vice President:	Cheryl Burkhardt
Treasurer:	Betsy Nestor
Secretary:	Emily Townsend
Membership:	Randy Lottman
Website Coordinator:	Tom Weber
Merchandise:	José Morell
Sunshine:	Dennis Stout
Mileage Minder:	Bob Piccirilli
Newsletter Editor:	Steve Osmialowski
Ride Committee:	Dennis Stout
Social Committee:	Karen Hobbs

Education/Safety: Peggy Doheny
Dog Days: Scott Edmundson
Physical Assets: Emily Townsend
Social Media: Rob Hipkind and Cheryl Burkhardt
Directors: Rick Wells, Peggy Doheny, Rob Hipkind, Scott Edmundson

See the club roster for specific contact information

From The Editor

August is here and back-to-school sales are beginning which means summer is going fast! Another successful Dog Days Wine Tour is in the books too. We had over 400 riders on a beautiful summer day! That event could not have been done without all the great volunteers who worked hard to make it happen. A big thanks also goes out to Scott for his management of the event and all the team leaders and committee members.

But wait there's more..... Our club calendar is updated often and is still loaded up with daily rides, trips and all-star events. Plenty of ride opportunities are available for everyone. And it's probably a good time to do some mid-season bike maintenance to keep your bike in top shape for the rest of the season.

Steve

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From Your Ride Committee

Let's face it, no matter what star level you ride, it is sometimes fun and relaxing to just go out on the trail and ride and even more so now that the trail has been extended to Wakeman. You don't have to worry about navigation. You don't have to worry about cars except at intersections. You can let your guard down and chat with a friend as you ride.

Wait, forget the part about letting your guard down. Last Friday, the club sponsored a trail ride that was attended by approximately 20 members consisting of 1 and 2 star riders. As we rode I noticed there were a lot of

people on the trail from more experienced cyclist to the casual riders, you know, the ones without helmets. There were walkers, runners, strollers and even someone with two goats on leashes.

Coming back I had drifted to the rear of our group when we came upon a lady with a stroller and two very young children at her side in a dark and shady part of the trail near Kipton. As I prepared to pass her I could not see down the path because the riders in front of me obstructed my view as they passed her and my focus was on the lady's two children. But I didn't hear "rider up" so I pulled out and almost cleared her only to see another cyclist, coming the other way, stopped, yelling and wildly waving his arms. Needless to say he was very upset; so upset that he took the time to express his displeasure with an email to our club vice president.

So enjoy riding the trail, but never, never let your guard down and as the incident above shows, sometime extra caution is required. Remember, trails come with a set of hazards that are unique to them. Pay attention to your surroundings, communicate with your fellow riders, and above all observe the same safety rules that we hope you observe everywhere else while cycling.

Dennis Stout,

Your Ride Committee Chairman



Ride On Take a ride with us down a few of the scenic bike trails Lorain County has to offer.

BY SARAH WEBB

THE BRICKROADS AND OTHER is inland and on, the bike trail up in Lorain County says.

Some of the most scenic—and a good deal to boot—scenic trails in Lorain County, nestled in the hills of the Backroads, are scenic. Located across of Lake Erie, middle of northern Ohio, you will experience pure miles of picturesque.

It's a really makes for a riding ride. It's a really riding in some Kennedy says with.

no bikers who start of from those well-behaved bike trail offers a few comments if the way included, museums, galleries and arties. It through a few of the scenic, such as Chardon.

to people from the trail. Lorain County to visit the bike routes and the local businesses along the way," Kennedy says.

Kennedy adds that Lorain County is focused on connecting its trails with those of other Metroplexes of neighboring counties. "It's like a bit of a puzzle the way they can all interconnect," she says.

The Silver Wheels Cycling Club, perhaps champions of Lorain County's trails, have seen their share of what the trails have to offer.

What began in 1988 as a way to ride with friends turned into one of the area's premier cycling clubs with a membership hovering around 250 and about 300 rides and events hosted per year.

"We try to offer something for just about every cyclist, from beginning adults to enthusiasts to those who are serious about the sport," says Cheryl Burkhardt, vice president of the club. "Don't be fooled by the word 'silver' in our name. Our members range in age from seven to over 90. We have an almost even split of 50/50 males and females. We work hard to create a fun place to be for anyone who wants to ride."

Burkhardt says the club's trail of choice is North Coast Inland Trail, a Charlie straightaway-style route that loops through large stretches of countryside. The trail begins in Chardon and is paved all the way through to Wakarusa, so bikers can stop at Wakarusa Elevator Co. for lunch or snacks.

she adds that the Steel Mill Trail and the trail running through Black River Metroplex are also well used.

"From casual bikers to more serious cyclists, Burkhardt says the trail options in Lorain County are valuable for the community.

"Bike trails are certainly beneficial to those who enjoy riding at a moderate pace and chatting while they ride," Burkhardt says. "They also offer a great way for cyclists who are a bit busy of riding on the trail to enjoy the sport."



Ride On – Take a ride with us down a few of the scenic bike trails Lorain County has to offer. By Sarah Webb

Taken from "Pulse" Lorain County's magazine, Summer 2010

From backroads and beaches to farmland and forests, the bike trail options in Lorain County capture it all. For some of the most striking views, and a good workout to boot, Jennifer Kennedy, a spokesperson for Visit Lorain County, recommends the Backroads and Beaches route. Located on the shores of Lake Erie in the middle of Northern Ohio, bikers will experience miles upon miles of picturesque scenery. "It really makes for a pleasant, rolling ride. It's actually pretty rolling in some places," Kennedy says with a laugh.

For those bikers who may need a rest from those rolling hills, the bike trail offers more than a few convenient stops along the way, including wineries, museums, galleries, shops and eateries. It also winds through a few charming city centers, such as downtown Oberlin. "We have people from all over come visit Lorain County to visit the bike routes and the local businesses along the way," Kennedy says.

Kennedy adds that Lorain County is focused on connecting its trails with those of other Metroparks of neighboring counties. "It's like a bit of a puzzle the way they can all interconnect", she says.

The Silver Wheels Cycling Club, perhaps champions of Lorain County's trails, have seen their share of what the trails have to offer. What began in 1998 as a way to ride with friends turned into one of the area's premier cycling clubs with a membership hovering around 350 and about 600 rides and events hosted per year. "We try to offer something for just about every cyclist, from beginning adults to enthusiasts to those who are serious about the sport," says Cheryl Burkhardt, vice president of the club. "Don't be fooled by the word 'silver' in our name. Our members range from teens to over 90. We have an almost even split of 50/50 males and females. We work hard to create a fun place for anyone who wants to ride."

Burkhardt says the club's trail of choice in North Coast Inland trail. A straightaway-style route that loops through large stretches of countryside. The trail begins in Elyria and is paved all the way to Wakeman, so bikers can stop at Wakeman Elevator Craft Beer and Wine Barn for lunch or snacks. She adds that the Steel Mill Trail and the trail running through Black River Reservation are also well used.

From casual bikers to more serious cyclers, Burkhardt says the trail options in Lorain County are valuable for the community. "Bike trails are certainly beneficial to those who enjoy riding at a moderate pace and chatting while they ride," Burkhardt says. "They also offer a great way for cyclists who are a bit leery of riding on the road to enjoy the sport."





Depot Day Redux 4 x 25 miles - August 24

These rides are similar to the June Depot Day, but later in the year to give those that have progressed over the season a chance to achieve personal goals in the same rider-friendly setting. Four, 25 mile loop options will be offered. (both clockwise and counter clockwise). Do as many loops as you want, quit when you have had enough. Trail riding mileage will also be accepted. All routes start and end at the Wakeman Elevator, 16 Hyde Street, Wakeman.

This is a Map/YOYO (You're On Your Own) ride. There are no designated ride leaders. The routes are not marked and there is no SAG support. A limited number of Route maps will be available at registration. It is strongly recommended that you print your own using the RWGPS Event link on the calendar entry. Riders are encouraged to ride with a partner and carry a cell phone. Participants should sign in at the Elevator prior to riding. Riders should also check back in when they are finished riding and to record their mileage for the day.

If any folks indicate a "request for riding companions" on the newsgroup, their announcements indicating intended star level, distance and start time will be posted on the calendar. Until the Elevator opens at 11:30, bathroom facilities are available at a nearby Subway/gas station or Kipton Park.



The Elevator asks that you park behind the storage facilities next door or at the municipal parking lot nearby. The club will provide minimum refreshments. We ask you to consider stopping at the Elevator after your ride is finished for a beverage and perhaps something to eat to show our appreciation for allowing us to use their facility. More information will follow as we approach the date.





July 27 ride to Lake Erie



And again on August 3

RIDER RESPONSIBILITIES

To be on time, so the ride can leave as scheduled.

To sign the registration waiver form.

To wear a helmet while riding.

To come with your bike and equipment in good operating condition.

To carry your own repair tools, tube, and tire inflation device.

To inform the ride leader if you plan to leave the route before the end of the ride.

To carry emergency contact information.

To ride in a safe manner and follow traffic regulations/laws.



I saw this picture in a Durango Colorado restaurant last month. It is a group photo of the Durango Wheelers club from 1895. Turns out, that club is still going strong! I wonder if they still dangle their bikes above the waterfalls?

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Every bike ride is like a tiny holiday



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